

Index

- Aberdeen Softies, 216
Afternoon Tea, 291
Afternoon Tea Scones, 207
Alabama Highland Games,
119
ale, 274
Alexander Livingston's
Tomato Salad, 167
Alexandria, Virginia, 42
Annapolis Deviled Crab, 100
Appalachian Buttermilk
Slaw, 172
apples, 233, 260
Apple Crisp, 259
Apple Crumb Pie, 258
Apple Pie, 257
Applejack, 278-79
Arrack Punch, 281
Ashe County Oat-Cheese
Balls, 75
Atholl Brose, 250, 271
Auld Alliance, 42
Auld Man's Milk, 272

Bacon and Egg Cups, 72

Baddeck Lobster Salad, 87
Bannock Squares, 202
bannocks, 200-201
Barley Porridge with Fruit,
181
Barley-Applesauce
Pudding, 182
Benjamin Franklin's Orange
Shrub, 283
biscuits, 215-16
Bishop, 284
Blanc Mange with
Strawberries, 252
blueberries, 217, 249
Blueberry Cobbler, 263
bourbon, 269-70
breads, 197, 213-14
Breakfast Whole-Wheat
Scones, 206
Brunswick Salmon Loaf, 95
Buttermilk-Oaten Bread, 213
Butterscotch Pie, 265

cabbage, 172
Cabbie Claw, 97

cakes, 232-34, 236, 238
 Caledonian Cream, 246
 Campbell Highland Games
 & Celtic Festival, 55
 Campbell Soup, 49
 Campbell's Mock Lobster
 Soup, 55
 Cape Breton, "Canada's
 Scotland," 84
 Cape Cod Codfish Cakes, 98
 Caramel Pears, 264
 Carolina Pecan-Buttermilk
 Biscuits, 215
 Carolina Shrimp Boil, 102
 carrots, 171
 Champagne, 280
 Cheddar cheese, 42-43, 78
 Cheddar-Pecan Roll, 76
 cheese grits, 196
 Cheese Scramble, 73
 Cheese Toast, 79
 Chesapeake Bay Crab
 Cakes, 99
 Chesapeake Celtic Festival,
 99
 chicken, 108, 113, 115-17
 Chicken Pot Pie, 118
 Chicken Stovies, 114
 Christmas Walk, 42
 Church Social Strawberry
 Shortcake, 230
 cider, 287
 Clan Donald's Smothered
 Chicken, 112
 Clan MacLeod Society,
 U.S.A., 204
 cobbler, 285
 Cock-a-Leekie, 52
 codfish, 97-98
 coffee, 276
 Connecticut Cream of
 Onion Soup, 63
 cookies, 240
 corn, 170, 219
 corn cakes, 194
 cornbread, 220
 cornmeal, 179
 crab soup, 60
 crabs, 99-101
 Craig, Elijah, 269
 Cranachan, 249
 Crowdie, 81
 Daniel Boone's Kentucky
 Fried Chicken, 110
 Daniel Webster's Fish
 Chowder, 57
 Darien Carrot-Peanut Salad,
 171
 Deviled Eggs, 74
 Down-East Split-Pea Soup,
 56
 Drambuie, 246, 286
 Drappit Eggs, 70
 Dropped Potato Scones,
 209
 Dumfries Cheese Grits, 196
 Dundee Cake, 231
 Dunedin Potted Shrimp, 38
 Eastern Shore Broiled
 Oysters, 39



- Egg Cutlets, 71
 egnog, 272
 eggs, 70, 74
- Finnan Haddie, 90
 fish chowder, 57
 Floating Islands, 253
 Franklin Apple Cake, 233
 Fried Green Tomatoes with
 Milk Gravy, 169
 Furancetown Historical Site,
 99
- General Scott's Soft-Shelled
 Crabs, 101
 Georgetown, 244
 Georgia Country Captain,
 117
 Giant MacAskill's Porridge,
 190
 gingerbread, 235
 Glasgow Highland Games,
 194
 Glasgow Punch, 282
 Governor Dinwiddie's
 Sherry Cobbler, 285
 Governor Spotswood's
 Champagne Cup, 280
 Graham, Sylvester, 198
 Grandfather Mountain
 Oaties, 241
 granola, 192
 Greens, 155
 Grits, 195
 grouse, 123
- Ha' Pennies, 42
 Happit Hen, 111
 Hawaiian Fruit Salad, 173
 Helen Lille's Scotch Rarebit,
 78
 Herring, 88
 Het Pint, 274
 High Tea, 292
 Highlands Minted Crowdie,
 82
 Hogmanay Herbed Cheese,
 44
 Hot Buttered Cider, 287
 hushpuppies, 193
- Ice Cream, 255
 Idaho Stuffed Potatoes,
 159
 Ingonish Kipper Pâté, 37
 Iowa Corn Salad, 170
- Jack Rose, 279
 James Monroe House, 288
 James Monroe's Mint
 Punch, 288
 James Polk's Hushpuppies,
 193
 Jefferson, Thomas, 152
 Jerusalem Artichoke Soup,
 61
 John Muir's Honey
 Porridge, 188
- Kailkenney, 156



- kale, 156
Kentucky Corn Cakes, 194
kippers, 37, 88-89
- Laird & Co., 278
Lemon Sponge Cake, 238
Living Legacy of Scotland, 250
lobster, 85, 87
Long Island Scallops in Coffins, 103
- MacAskill Sept Society, 190
Maine Highland Games, 95
Melting Moments, 239
Mincemeat Oat Squares, 242
Mint Julep, 275
Mississippi Flannel Cakes, 212
Monroeville Chicken Salad, 119
Morrison's Poached Salmon, 92
Mrs. MacLeod's Oatcakes, 204
muffins, 217-18
Mulligatawny, 54
mushrooms, 45
- Nashville, Tennessee, 224
New Brunswick Blueberry Muffins, 217
New Brunswick Seaweed, 165
- North Carolina Pan-Roasted Oysters, 40
Northern Alabama Scottish Festival, 119
- oat bran, 179, 218
Oat Topping, 185
Oat-Bran Muffins, 218
Oatcakes, 203-4
oatmeal, 64
Oatmeal Cake, 236
Oatmeal Cookies, 240-41
Oatmeal Gingerbread, 235
oats, 183-84, 192, 242
onions, 166
Orange Marmalade Cake, 234
Oregon Salmon-Potato Salad, 94
Oregon's Cheese Toasties, 43
Outer Banks Clam Chowder, 59
oysters, 39-40
Ozark Apple Pudding, 260
- Pancakes, 210-11
Peace River Granola, 192
Peach Cobbler, 262
peaches, 261
pears, 264
Pecan Chess Pie, 266
pecans, 215
Pecans from Louisiana, 31
Pecans from Monticello, 30



- Pensacola Red Snapper, 96
 Petticoat Tails, 229
 pheasant, 122
 Pickled Eggs, 70
 Picnic Fried Chicken, 109
 pies, 256, 258, 265-66
 Pikes Peak Partan Bree, 60
 Po' Boy Sandwich, 41
 Poor Man's Asparagus, 166
 Porridge, 186-89, 191
 potato salad, 162
 potatoes, 94, 103, 157-60, 209
 Prince Edward Island's
 Baked Potato, 158
 pudding, 260
 Pumpkin-Walnut Bread,
 214
- quail, 121
- Raisin-Oat Scones, 208
 Raspberry Fool, 247
 red snapper, 96
 Rob Roy, 276
 Round Hill Highland
 Games, 63
 Rumble Eggs, 74
 Rumbledethumps, 160
 Rutabaga and Apples, 164
- Salmagundi, 174
 salmon, 91, 94-95
 Salmon Bisque, 58
 Salmon Dip, 35
- Sarasota Sweet-Potato
 Pudding, 254
 Sausage Rolls, 32
 Savannah Scottish Games
 and Highland Festival, 117
 scallops, 103
 Scone Cake, 232
 Scones, 205-9
 Scotch, 268
 Scotch Broth, 51
 Scotch Coffee, 276
 Scotch Eggs, 33
 Scotch Fried Chicken, 108
 Scotch Pancakes, 211
 Scotch whisky, 268, 273, 276-
 77
 Scotch Woodcock, 69
 Scottish Lion Inn, North
 Conway, New
 Hampshire, 160
 seaweed, 165
 Shenandoah Valley Mince
 Chicken, 115
 Shortbread, 227, 229
 shrimp, 102
 Skirlie Tomatoes, 168
 Smoked Salmon Eggs, 34
 Smoked Salmon Potato
 Cakes, 93
 Smoked Trout Spread, 36
 Snow Hill, Maryland, 99
 Spiced Cider, 287
 spoon bread, 221
 Stone Mountain Peach
 Shortcake, 261
 strawberries, 230, 252
 Strawberry Flummery, 251



Strawberry-Vanilla Ice
 Cream Pie, 256
 Sweet Oat Topping, 184
 sweet potatoes, 163, 254
 Syllabub, 248, 273

tea, 289-92
 tea sandwiches, 291
 Texas Oatmeal Soup, 64
 Thomas Point Beach, 95
 Tillamook Potted Cheese, 77
 Toasted Oats, 183
 Toddy, 277
 tomatoes, 167-69
 Treasure Valley Highland
 Games and Celtic
 Festival, Boise, 159
 Tudor Place, 244
 Turkey Hash, 120

Venison Pot Roast, 124

Vermont Cheddar-Cheese
 Pie, 80
 Vermont Fried or Baked
 Porridge, 189
 Virginia Campbell's Pickled
 Mushrooms, 45

watercress, 62
 West Virginia Watercress
 Soup, 62
 Wet Devil, 116
 Whistler's Mother's
 Chicken in Cream, 112
 Whole-Wheat Oat Bannock,
 201
 William Clark's Cornbread,
 219
 Williamsburg, Virginia, 221
 Williamsburg Spoon Bread,
 221
 Woodrow Wilson's Skillet
 Cornbread, 220



